



PALO ALTO ADULT SCHOOL

2024 FALL QUARTER SCHEDULE

REGISTRATION BEGINS AUGUST 9, 2024



PAAAdultSchool.org / 650-329-3752

DEAR COMMUNITY MEMBERS:

I am excited to announce several new classes for you to explore. For the first time, we are offering an in-person Python coding class. ESL students can begin their medical career pursuit by taking our new Medical English class. Interested in Pakistani culture? Join the hands-on Pakistani Truck Art class to learn Arabic calligraphy, graphic designs, and ways to personalize a painting project. Extend that interest by taking our new Culinary Treasures of Pakistan cooking class taught by a family recently seen on the Food Network. Ikebana floral arranging is back after a pause in our schedule. American Sign Language has been a popular online class, now you can take it in-person along with Braille. We've also expanded our Sewing offerings this fall. There are so many courses for you to consider!

Our Fall Community Partner is the Palo Alto Chamber of Commerce Foundation. Its mission is to support community leadership, engagement, and education. Working with the Chamber, the Adult School can reach a larger audience by providing community education, parent education, and ESL offerings to all members.

The new school year always brings a high level of excitement with it. Join us in class this fall and see why the Palo Alto Adult School is considered the best in the area.

See you in class,



Jim Sherman
Principal



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2024 FALL CALENDAR

REGISTRATION FOR FALL QUARTER BEGINS // AUGUST 9

FALL QUARTER // AUGUST 19–DECEMBER 13

HOLIDAYS // SEPTEMBER 2, NOVEMBER 11 & NOVEMBER 25-29

****FREE** INTRODUCTORY CLASS**

In recognition of our Centennial, Palo Alto Adult School is offering this free introductory class.



FREE SESSION: Intro to Violin Workshop

Instructor: Dr. Chag-Hee Lee, chlee@pausd.org

Prerequisite: None



You will learn a brief history of the violin including the parts of the violin, bow, and its accessories. You will also learn how to take care of the violin, how to properly hold it with the bow, and how to select the right violin for you. The instructor will go over the basics and more in this workshop.

One Session / August 27

Tuesday / 6–7 p.m.

Palo Alto HS Rm 30 / No Fee

STUDENT SHOWCASE

Woodworking: Measure 7 times & cut once!



“I took **Woodworking 3 & 4** and designed my very own project: a portable suitcase desk. This was the first time I created my own project plans and I was so happy to have the wood instructors there to help guide me. Planning my own project taught me a lot about *measuring seven times and cutting once* and I gained a whole new appreciation for jig-making and how it can really help expedite a project. I have since taken three more wood classes and plan to take more!”

PAULA LEANOVA
Data Scientist

ARTS AND CRAFTS

ACRYLIC PAINTING: BEGINNING & INTERMEDIATE

Instructor: Linda Papanicolaou, lpapanicolaou@pausd.org

Prerequisite: None

Express yourself and discover your artistic talents with acrylic paints in this inspiring class for all student levels. Study use of color, observation, composition, light and dark and traditional painting techniques. Please see website for supplies list.

8 wks / September 17–November 5

Tuesday / 7–9 p.m.

Palo Alto HS Rm 106 / \$160

MASTERING PAKISTANI TRUCK ART: COLORS, CULTURE, & CREATIVITY

Instructor: Aifra Ahmed, aifra.ahmed@gmail.com

Prerequisite: None



Explore the captivating world of Pakistani truck art. Originating from the bustling streets of Pakistan, truck art is renowned for its vibrant colors, intricate patterns, calligraphy, and symbolic motifs that adorn trucks across the country. Students will learn about the

symbolism behind each design element as they paint their own water bottle. There will be a \$17 materials fee payable to the instructor on the first day of class.

Limit 15 students.

3 wks / September 30–October 14

Monday / 7–9 p.m.

Palo Alto HS Rm 106 / \$60

NEW

ARTS AND CRAFTS

SCENERY WATERCOLOR PAINTING AND DRAWING

Instructor: Ferenc Besze, fbesze@pausd.org,

<http://besze.com>

Prerequisite: None



Drawing is essential to representational painting. In this online class, we will spend equal time drawing and painting, to develop our observation skills about proportion, perspective,

creating 3D effects and creating compositional studies. Our subjects will include scenery, figures, and objects. *Have your field sketches/ photographs as reference material.*

SECTION A (Online)

10 wks / September 18–November 20

Wednesday / 6:30–8:30 p.m.

Live Online / \$200

SECTION B (In Person)

10 wks / September 19–November 21

Thursday / 6:30–8:30 p.m.

Palo Alto HS Rm 106 / \$200

CREATE A WREATH

Instructor: Sam Kauffman, samksongs@gmail.com

Prerequisite: None

The holidays are in the air! Celebrate the season with a one-day workshop by making a one-of-a-kind wreath from Sam Kauffman's on-line shop — *Whimsy And*. Sam has had a floral arranging business for over twenty years.

There will be a \$15 supply fee payable to the instructor.

Limit 10 students.

SECTION A – Fall Wreath

One Session / September 19

Thursday / 1–3:30 p.m.

Palo Alto HS Rm 30 / \$30

SECTION B – Holiday Wreath

One Session / October 17

Thursday / 1–3:30 p.m.

Palo Alto HS Rm 30 / \$30

GLASSBLOWING WORKSHOP

Instructor: Palo Alto HS Fiery Arts Staff

Prerequisite: None

Join us for an evening session of glassblowing at Paly's Fiery Art's program. This is a hands-on class for beginners that will focus on making a glass flower and paperweight. Wear non-synthetic clothing, a long sleeve shirt, and closed-toed shoes. Don't forget your water bottle!

Limit 4 students each session.

One Session / See Dates Below

Wednesday / 6–9 p.m.

Palo Alto HS Room 105 / \$250 per session

- November 6
- November 13
- November 20

IKEBANA FLORAL EXPRESSIONS —SOGETSU STYLE

Instructor: Yvonne Ip, cyip888@gmail.com

Prerequisite: None



Discover the joy of Ikebana, the Japanese art of flower arranging. This course explores the core principles and techniques for achieving harmony, balance and minimalism. Through a combination

of theory and hands-on sessions, you will learn how to make your own arrangements that are aesthetically pleasing, expressive, and thought provoking. A \$120 flower material fee will be payable to the instructor.

5 wks / September 17–October 15

Tuesday / 6–9 p.m.

Palo Alto HS Rm 103 / \$150

KNITTING

Instructor: Paola Trombetta, ptrombetta@pausd.org

Prerequisite: None

Knitters of all abilities are welcome! Learn basic and advanced skills in this fun and collaborative knitting workshop. Beginners learn to read pattern books, and/or design and create their own knitted garment and gifts. Advanced knitters, master your techniques and bring projects you are currently working on.

8 wks / September 18–November 6

Wednesday / 6:30–8:30 p.m.

Palo Alto HS Rm 1707 / \$160

LEARN TO CROCHET

Instructor: Paola Trombetta, ptrombetta@pausd.org

Prerequisite: None

Learn to chain, single and double crochet, create tri-dimensional forms, and read patterns. This class will work for you regardless of your skill level and you will enjoy it! *Materials to bring to class:* 1 ball of worsted weight yarn plus a size 'H' crochet hook.

8 wks / September 18–November 6

Wednesday / 5:30–6:30 p.m.

Palo Alto HS Rm 1707 / \$80

LEARN TO QUILT

Instructor: Dana Miller, dana@danamillerfiberarts.com

Prerequisite: Must know how to sew and use a sewing machine

Discover the artistry and joy of quilting! This hands-on workshop is perfect for those new to quilting. Learn the fundamentals of fabric selection, cutting, piecing, and stitching as your experienced instructor guides you through the step-by-step process. Unleash your creativity and create a beautiful quilted project to cherish. There will be an \$85 materials fee payable to the instructor on the first day of class. *Limit 8 students.*

6 wks / September 24–October 29

Tuesday / 6:30–9 p.m.

J.L. Stanford Middle School Rm 140 / \$150

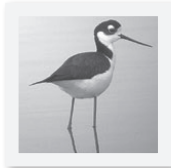
NEW

BIRDING

WEST COAST BIRDING (*Online & In-Person*)

Instructor: Scott Smithson, wsmithson@pausd.org

Prerequisite: None



The primary goal of this birding class is to develop birding skills through bird identification by sight and sound. During our weekly online Zoom meetings, we will focus on sharing local bird sightings, slides of Bay Area birds, ID quizzes, and discussion of field trips. There will be 3 in-person weekend field trips offered to local Bay Area birding spots so we can practice what we have learned in the field! Fieldtrip dates TBD. Textbook: Any North America or Western North America bird field guide (*Sibley's Guide* is a great one).

7 wks / September 17–October 29

Tuesday / 7–8:30 p.m.

Live Online / \$158

BUSINESS AND FINANCE

BUSINESS COMMUNICATIONS

Instructor: Katherine Barg, kbarg@pausd.org

Prerequisite: For intermediate to advanced English learners

Business Communications emphasizes the English skills needed to communicate effectively in the American workplace. These include interpersonal, non-verbal, common business jargon, listening and oral presentation skills. The class also covers changing digital capabilities, common business platforms, adaptive listening, storytelling with data and presentation writing.

6 wks / October 22–December 3 (*No class November 26*)

Tuesday / 6:30–9 p.m.

Live Online / \$150

CAREER TRAINING

VOCATIONAL INTERNSHIP CLASS

Instructor: Toshiro Lang

Prerequisite: Application and interview required

Classroom component to vocational internships concentrating on developing transferable job skills. This course emphasizes the importance of interpersonal dynamics in the workplace, and the value of obtaining competitive employment. In-person instruction accommodates all learners with the motivation to become independent and successful. *Must call (650) 329-3752 for more information and to register for the program.*

ONGOING / September–June

Monday–Thursday / 8–9:15 a.m.

Lucille Packard Children's Hospital (LPCH) / No Fee *



VOICE OVERS: NOW IS YOUR TIME!

Instructor: Lisa Foster, caitlin@suchavoice.com

Prerequisite: None

In what could be the most enlightening 2 hours you've ever spent, this class will show you how you can begin using your speaking voice for commercials, films, videos, and more. In this introductory class, you will learn about a unique, outside-the-box way to break into this creative, fulfilling, and potentially lucrative industry.

One Session / October 1

Tuesday / 6–8 pm

Live Online / \$50

WORK READINESS —

LEARN NEW SKILLS FOR GETTING A JOB *

Instructor: Kathilynn Lehmer, pajoblink.lehmer@gmail.com

Learn new strategies for getting a job! Prepare a powerful resume and cover letter, create a LinkedIn Profile, learn new job hunting strategies—and more! There is no fee and the course is open-entry--start anytime. For more information, and to find out how to register, send an email to Kathilynn Lehmer at pajoblink.lehmer@gmail.com.

CAREER TRAINING: ADVANCED CERTIFICATE PROGRAMS

Online career training courses can prepare you for a new career or help you advance within your current occupation. To see a list of more than 175 Certificate and Advanced Career Training courses, visit <https://careertraining.ed2go.com/paloalto>.

ADVANCED CAREER TRAINING COURSES that prepare you for **CERTIFICATION**



Our career training courses can start you on a path to an in-demand profession or help advance your current career with industry certification. You may begin these courses at any time, and learn at your own pace.

COURSE CATEGORIES:

- Arts and Design
- Business
- Computer Applications
- Computer Science
- Construction and Trades
- Health and Fitness
- Hospitality
- Information Technology
- Language
- Legal
- Teacher Professional Development
- Writing

COURSE FEATURES:

- 24/7 Course access
- Books and materials included
- Certificate of Completion
- Student Advisors included
- Industry recognized certifications

POPULAR COURSES INCLUDE:

Certified Administrative Professional with Microsoft Office Specialist (MOS) Associate
(Exam Vouchers Included)

Certified Administrative Professional with Microsoft Office Specialist (MOS) Expert
(Exam Vouchers Included)

Certified Medical Administrative Assistant with Medical Billing and Coding
(Exam Vouchers Included)

Medical Billing and Coding
(Exam Voucher Included)

CompTIA Certification Training: A+, Network+, Security+
(Exam Vouchers Included)

CompTIA A+ Certification Training
(Exam Vouchers Included)

NASM Certified Personal Trainer and Exam Preparation
(Exam Voucher Included)

Certified Paralegal
(Exam Voucher Included)

Pharmacy Technician
(Exam Voucher Included)

Palo Alto Adult School

To learn more and enroll, visit:

careertraining.ed2go.com/paloalto

CAREER TRAINING: ADVANCED CERTIFICATE PROGRAMS

CHILD DEVELOPMENT ASSOCIATE

(GES2126) (Voucher Included)

Instructor: Self-paced class

Prerequisite: None

This exciting course is designed to provide you with a working knowledge of early childhood education and prepare you for the Child Development Associate® (CDA) certification process of the Council for Professional Recognition with content review, assessment practice, and portfolio preparation. For pricing, details, and registration, visit: <https://careertraining.ed2go.com/paloalto>.

6 Months / 120 Course Hours

Start Anytime

ed2go ONLINE (recorded)

VETERINARY ASSISTANT

(GES118)

Instructor: Self-paced class

Prerequisite: None

Are you an animal lover? Have you ever considered a career as a veterinary assistant? If yes, then this veterinary assistant training course is perfect for you. It will equip you with the necessary knowledge and skills to become a productive member of any veterinary team. For pricing, details, and registration, visit: <https://careertraining.ed2go.com/paloalto>.

6 Months / 210 Course Hours

Start Anytime

ed2go ONLINE (recorded)

CITIZENSHIP

CITIZENSHIP

Instructor: Katherine Barg, kbarg@pausd.org

Prerequisite: Intermediate to advanced English language learners

This course prepares students to pass the Citizenship test for full Citizenship status in the United States. *Becoming a citizen has never been more important.* US Citizenship gives you your right to vote, participate in government, and be protected under the law. You will also learn important facts about US history and your rights under the Constitution.

7 wks / August 27–October 8

Tuesday / 6:30–9 pm

Palo Alto HS Rm 220 / No Fee *



COMPUTER SKILLS

PYTHON FOR EVERYONE: CODING

Instructor: Avnit Bambah, abambah@google.com

Prerequisite: None



Embark on an exciting journey into the world of programming with our "Python for Everyone" course. Designed for absolute beginners, this comprehensive course will guide you through the fundamentals of Python, one of the most popular and versatile programming languages in the world.

8 wks / September 11–October 30

Wednesday / 6:30–8:30 p.m.

Palo Alto HS Rm 31 / \$160

NEW

INTRODUCTION TO ARTIFICIAL INTELLIGENCE

Instructor: David Iseminger (ed2go Instructor)

Prerequisite: Basic computer skills and high school level mathematics are required

The purpose of this course is to provide you with an artificial intelligence practical knowledge foundation. You will gain a clear understanding of what artificial intelligence is and its three forms—artificial narrow intelligence, artificial general intelligence, and artificial superintelligence. You'll also see how AI is already part of our everyday lives, sometimes in ways, you may not even realize, and differentiate real-world and science-fiction AI. To register, visit <https://www.ed2go.com/paloalto/>.

6 wks Access–24 course hours

ed2go ONLINE (not live) / \$129

<https://www.ed2go.com/paloalto>

COOKING: LEARN HOW TO COOK IN JUST ONE NIGHT!

BELGIAN CHOCOLATES GALORE!

Instructor: Carine Vanslembrouck

Prerequisite: None

Have fun learning to make delicious hand-made Belgian chocolates the traditional way. Guided by the instructor through the process of tempering chocolate on a marble slab, continue to craft a different Belgian chocolate in each class.

One Session / See Dates Below

Wednesday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$60 per session

- **October 23:** Halloween Chocolates
- **November 6:** Fall Chocolates
- **December 11:** Christmas Gifts from the Kitchen

COOKING WITH JONAKE

Instructor: Jonake Bose, Jonakeandyuti@gmail.com,

<https://jonakeandyuti.weebly.com>

Prerequisite: None

Learn to cook quick healthy Indian meals, no-bake desserts or Thanksgiving sides with an unusual spice filled twist! We will prepare a delicious meal from scratch and enjoy it together in class. Vegetarian options are also available.

One Session / See Dates Below

Monday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$60 per session

- **October 7:** Indian comfort food
- **October 14:** No-bake desserts
- **October 21:** Indian breakfast dishes
- **November 4:** Indian street food
- **November 18:** Thanksgiving sides

CULINARY TREASURES OF PAKISTAN

Instructor: Aifra Ahmed and Team,

aifra.ahmed@gmail.com

Prerequisite: None

Embark on a culinary adventure! Discover the rich spices and exotic flavors of traditional Pakistani dishes like aromatic Karahi Chicken and decadent Shahi Tukre (cardamom bread pudding). Ideal for food lovers eager to expand their palate and learn dessert-making techniques from expert Food Network chefs.

One Session / December 3

Tuesday / 6:30–9 pm

Palo Alto HS Rm 103 / \$60



MEXICAN PARTY

Instructor: Francisco Chavarria, fchavarria@pausd.org

Prerequisite: None

Chef Francisco will teach you how to make homemade organic corn tortillas and make delicious entrees for a perfect Mexican Party! You will enjoy a delicious dinner made with the dishes you have prepared at the end of class. This class promises to be a fun and informative experience, allowing you to master the art of making Mexican cuisine from scratch. Bring containers for leftovers.

One Session / October 17

Thursday / 6:30–9 pm

Palo Alto HS Rm 103 / \$60

DIM SUM NIGHT

Instructor: Francisco Chavarria, fchavarria@pausd.org

Prerequisite: None

Take a culinary adventure to China and learn the art of Cantonese appetizers. From making the dough, kneading, rolling, mixing the filling and folding in different styles. You will learn what goes into making these little pockets of love from scratch which can be filled with savory meats, umami sauces and vegetables. You will be steaming and pan frying them to eat! Bring containers for leftovers

One Session / November 14

Thursday / 6:30–9 pm

Palo Alto HS Rm 103 / \$60

SUSHI PARTY

Instructor: Francisco Chavarria, fchavarria@pausd.org

Prerequisite: None



You don't need to be a master in the kitchen to create homemade sushi! Chef Franz will teach and enlighten you on the practice of making and rolling sushi plus prepping the ingredients. Menu will include: California roll, spicy tuna roll, avocado roll and spicy edamame. Bring containers for leftovers.

One Session / September 26

Thursday / 6:30–9 pm

Palo Alto HS Rm 103 / \$60



ENGLISH AS A SECOND LANGUAGE (ESL)—IN-PERSON & LIVE ONLINE (via ZOOM)

FALL 2024

SESSION #1: August 19 to October 11 / SESSION #2: October 14 to December 13

(No Classes September 2, November 11, & November 25-29)

The Palo Alto Adult School ESL program offers many classes to help you meet your English learning goals. To enter our free classes, new students must register for a placement test. There is no childcare for the test or the classes. To register for the placement test, come in to the ESL office at Cubberley, 4000 Middlefield Road, I-Building, 2nd floor, or the Adult School office at Palo Alto High School, 50 Embarcadero Rd—Tower Building, Rm #33. Or, you can register online at paadultschool.org.

Students must register first before taking a placement test

Register to take the ESL (English) Placement Test

- Students must take the ESL Placement Test to join a class.
- When you register, you will choose a test date.
- Testing space is very limited.
- You must register in-person or online (*NO phone registration*).

Enrollment Policies

- Students must be able to attend the full 8 weeks.
- Students will be required to buy a textbook for the class.
- There is no childcare.

PLACEMENT TESTING

ESL PLACEMENT TEST AND REGISTRATION

*** New students must take a placement test. ***

All placement testing is in-person.

Students may register for the test in person or online at paadultschool.org. There is NO phone registration.

SESSION 2 placement test registration opens at 8 a.m. Friday, September 27

TESTING LOCATION: Cubberley Campus • 4000 Middlefield Rd, I-Bldg 2nd Floor

MORNING TESTING

Time: 9 a.m.–12 noon (*Test begins promptly at 9 a.m.*)
Session 1 Test Dates: August 6, 7, 8, 9, & 12
Session 2 Test Dates: October 11, 12

EVENING TESTING

Time: 6–9 p.m. (*Test begins promptly at 6 p.m.*)
Session 1 Test Dates: August 6, 7, 8, & 12
Session 2 Test Dates: October 10

CLASSES

Register for testing early. Spaces limited!

FALL SESSION ESL CLASSES *

SESSION 1: August 19–October 11, 2024 (*No classes September 2*)

SESSION 2: October 14–December 13, 2024 (*No classes November 11, and November 25-29*)

***IN-PERSON* MORNING CLASSES (9:30 A.M.–12:30 P.M.)**

Cubberley Campus: Literacy through Advanced low levels (Monday–Thursday)

***IN-PERSON* AFTERNOON CLASSES (1–2:30 P.M.)**

Cubberley Campus: Pre-Literacy (Tuesday and Thursday)

***ONLINE* MORNING CLASSES (3 meetings per week):** 9–11 a.m. / Tuesday, Wednesday, and Thursday

3 levels: Mixed beginning; mixed intermediate; advanced

***Students need to download and learn Zoom at <https://zoom.us/>*

***IN-PERSON* EVENING CLASSES (6:30–9:30 P.M.)**

Palo Alto High School: Literacy through Advanced Low levels (Monday and Wednesday)

***IN-PERSON & ONLINE* ADDITIONAL SKILL-SPECIFIC CLASSES:** See *English Enrichment* classes page 8 & 9

ENGLISH AS A SECOND LANGUAGE (ESL)

COLLEGE AND CAREER READINESS

ESL MEDICAL ENGLISH *

Instructors: Maria Abilock, mabilock@pausd.org, and Judy Chang, jchang@pausd.org

Prerequisite: For intermediate high and advanced English language learners. ESL Test required.

Study Medical English in our in-person ESL Healthcare Foundation class about healthcare settings and medical vocabulary. This class prepares students for the next level *Medical Terminology* class, or for the CNA (*Certified Nursing Assistant*) program and other healthcare pathways at Mountain View Adult School.

14 wks / September 9–December 17 (*No class November 11, 25 & 26*)

Monday and Tuesday / 6:30–9 pm

Palo Alto HS Rm 31 / No Fee *

REQUIRED ORIENTATION MEETING

Monday, August 26 • 6:30 p.m. • Palo Alto HS Rm 31

Please register for the orientation meeting online at PAadultschool.org

JOB SEARCH SKILLS FOR ESL STUDENTS (*Non-native English Speakers*) *

Instructor: Susan Silver, ssilver@pausd.org

Prerequisite: For advanced English language learners

In this class, you will learn to complete a job application, write a basic resume, practice job interview skills, and more! Students enrolled in this class will also be working with Kathlynn Lehmer as her clients for individualized job search coaching services through the *Palo Alto Adult Ed Work Readiness* course.

Register online at PAadultschool.org.

10 wks / September 10–November 19 (*No class October 3*)

Tuesday and Thursday / 1–3 p.m.

Cubberley Campus I-Building 2nd Floor / No Fee *

ADDITIONAL CLASSES

LEAH *

Learn English at Home!

Prerequisite: For beginning high to advanced level English level learners.

If you have access to a computer and you want to learn English, *you can learn at home!* This is a good program if you cannot come to class regularly. In this program, you have free access to an online educational website. Students are required to study four (4) hours per week on the computer. Then students meet with the teacher for a half hour (30 minutes) each week. You can meet with the teacher on Zoom or in person.

- Students must take an in-person placement test to register for the LEAH program.
- Students may start LEAH classes at any time.
- Please call 650-494-2326 to make an appointment for the placement test.

The Fall 2024 LEAH Program begins on August 19, 2024.

For more information or to sign up for the class,
please call our adult school ESL office: (650) 494-2326.

¿Necesitas ayuda en español? Deje un mensaje al 650-494-2326.



ESL WRITING ACADEMY

FALL 2024 ESL WRITING ACADEMY

September 12–November 22

FALL SESSION CLASSES

ESL WRITING ACADEMY — IN-PERSON

Write for life! Whether it's a simple email, a thank-you note, or a complex essay or report, our ESL Writing Academy classes will help you with content, organization, tone, and purpose.

The Academy offers three levels of classes, beginning with the basics of sentence creation, paragraph development, and essay writing. When you complete the required assignments, you can earn Certificates of Achievement and/or Proficiency.

***** WRITING ACADEMY REGISTRATION BEGINS AUGUST 19, 2024 *****

For more information, please call (650) 494-2326.

FUNDAMENTALS OF WRITING

FUNDAMENTALS OF WRITING I — INTRODUCTION TO PARAGRAPHS *

Instructor: Adult School Staff

Prerequisite: For students who are at the high beginning to intermediate level

Practice writing sentences and developing coherent paragraphs with the goal of writing about your own life experiences. Guidance will also be given on correct grammar and word choice.

SECTION A

10 wks / September 13–November 22

Friday / 9:30 a.m.–12 noon

Cubberley Campus I-Bldg 2nd Flr / No Fee *

SECTION B

10 wks / September 12–November 21 (*No class October 31*)

Thursday / 7–9 p.m.

Palo Alto HS Rm 30 / No Fee *

FUNDAMENTALS OF WRITING II — WRITING PARAGRAPHS *

Instructor: Adult School Staff

Prerequisite: For students who are at the intermediate to advanced level

Learn how to write well-developed and cohesive paragraphs. This class will focus on how to choose and organize content, connect ideas, and use supporting details to address a topic.

SECTION A

10 wks / September 13–November 22

Friday / 9:30 a.m.–12 noon

Cubberley Campus I-Bldg 2nd Flr / No Fee *

SECTION B

10 wks / September 12–November 21 (*No class October 31*)

Thursday / 7–9 p.m.

Palo Alto HS Rm 31 / No Fee *

FUNDAMENTALS OF WRITING III — PARAGRAPHS TO ESSAYS *

Instructor: Adult School Staff

Prerequisite: For students who are at the advanced level

Learn how to plan, develop, and edit a five-paragraph essay with an introduction, thesis statement, body paragraphs, and conclusion. This class will prepare you for business and academic writing.

10 wks / September 13–November 22

Friday / 9:30 a.m.–12 noon

Cubberley Campus I-Bldg 2nd Flr / No Fee *

ENGLISH ENRICHMENT

These classes are offered for non-native speakers who have tested above our state-supported program or who wish to focus on one specific area of English. It is not necessary to take the placement test before enrolling in these classes.

ADVANCED SPEAKING AND READING— AMERICAN STORIES

Instructor: Sharon Hampel, shampel@pausd.org

Prerequisite: For advanced English language learners

In this class, you will read, listen to, and watch (*on video*) short stories about the personal challenges of people from around the world. Then we will have lively class discussions about the short stories. This class will focus on speaking, reading/vocabulary, and writing skills through viewing, reading, and discussing these *Moth Radio Hour* stories. Textbook: *All These Wonders: True Stories about Facing the Unknown*. Catherine Burns, ed. Crown Press, 2017. ISBN: 978-1101904404.

7 wks / September 18–October 30

Wednesday / 7–9 p.m.

Palo Alto HS Rm 216 / \$140

AMERICAN IDIOMS 101

Instructor: Simone Wojtowicz, swojtowicz@pausd.org

Prerequisite: Intermediate high to advanced English language learners

This class is ideal for students who want to develop their reading, listening, speaking and writing skills while becoming familiar with many useful English expressions. Do you want to increase your vocabulary? Improve your TOEFL score? Use idioms in conversation? We will dissect the top 300 idioms used on the TOEFL test in addition to discussing metaphorical language. No textbook.

SECTION A

4 wks / September 24–October 15

Tuesday / 9:30–11:30 a.m.

Cubberley Campus I-Bldg 2nd Flr / \$80

SECTION B

4 wks / October 29–November 19

Tuesday / 9:30–11:30 a.m.

Cubberley Campus I-Bldg 2nd Flr / \$80

ESL BOOK CLUB

Instructor: Simone Wojtowicz, swojtowicz@pausd.org

Prerequisite: For advanced English language learners

Do you love to read? Do you want to increase your conversational fluency, boost your vocabulary, and improve your grammar? Join the book club and have fun developing your English skills while learning about American values. We will discuss the book's themes, vocabulary, and cultural references. Please email the instructor for the name of the book.

8 wks / September 26–November 21 (*No class October 24*)

Thursday / 9:30–11:30 a.m.

Cubberley Campus I-Bldg 2nd Flr / \$160

FOCUS ON PRONUNCIATION AND LISTENING

Instructor: Sue Stevick, sstevick@pausd.org

Prerequisite: High intermediate to advanced English language learners

Speak more clearly and confidently and improve your listening skills. Master the four most important features of English pronunciation: Stress in words and sentences, intonation, rhythm, and linking. The instructor will provide a written personalized evaluation of your pronunciation skills. Required textbook can be purchased in the Adult School office before the first class.

SECTION A

8 wks / September 10–October 29

Tuesday / 6:30–8:30 p.m.

Live Online / \$160

SECTION B

8 wks / September 13–November 1

Friday / 9:30–11:30 a.m.

Live Online / \$160

LET'S TALK!

Instructor: Sharon Gloster, seshel@pausd.org

Prerequisite: For advanced English language learners

Practice your conversation skills and build confidence in speaking English. This course will give you lots to talk about including current events, making conversation, talking on the telephone, and some other everyday topics based on student interest. Learning and practicing everyday expressions and vocabulary plus pronunciation, and grammar tips will improve your fluency.

8 wks / September 16–November 4

Monday / 9:30 a.m.–12:30 p.m.

Cubberley Campus I-Bldg 1st Flr / \$240

TIME TO TALK: CONVERSATION STRATEGIES...AND MORE!

Instructor: Staff

Prerequisite: For intermediate to low advanced English language learners

Improve your practical conversation skills, pronunciation, and listening skills! This class is ideal for intermediate to low-advanced level ESL students who want to focus on improving their speaking skills and build confidence in speaking in everyday situations. At every class meeting, we will use conversation drills, pair work, and small group activities to practice and improve your English skills. You will learn conversation strategies to help you with many of the speaking situations in your everyday life.

8 wks / September 18–November 6

Wednesday / 1–3 p.m.

Cubberley Campus I-Bldg 2nd Flr / \$160

BE A VOLUNTEER ESL TUTOR—Help Someone Learn English

For information, please contact ESL Volunteer Tutor Program Manager, Anjani Sarma: asarma@pausd.org

ENGLISH ENRICHMENT

TOEFL PREPARATION

Instructor: Mitra Bahrami, mbahrami@pausd.org

Prerequisite: High to advanced English language learners

This online class prepares students for the TOEFL exam (*Test Of English as a Foreign Language*). The test has four parts: Reading, Listening, Speaking and Writing. The class includes general language instruction, test-taking strategies, common errors and pitfalls, specific instructions for the speaking and writing parts of the test, scoring, and student work review/evaluations.

SECTION A

8 wks / September 10–October 29

Tuesday / 7–9 p.m.

Live Online / \$285

SECTION B

8 wks / September 12–October 31

Thursday / 9:30–11:30 a.m.

Live Online / \$285

US HISTORY AND CULTURE

Instructor: Simone Wojtowicz, swojtowicz@pausd.org

Prerequisite: Intermediate high to advanced English language learners

Improve your English skills while becoming familiar with many interesting aspects of US history and culture. We address why Americans think and behave the way they do and the foundation for some of their attitudes and values such as the importance of competition and hard work. Required textbook can be purchased in the Adult School office before the first class.

SECTION A

4 wks / September 25–October 16

Wednesday / 9:30–11:30 a.m.

Cubberley Campus I-Bldg 2nd Flr / \$80

SECTION B

4 wks / October 30–November 20

Wednesday / 9:30–11:30 a.m.

Cubberley Campus I-Bldg 2nd Flr / \$80

GENERAL INTEREST

BRAILLE AND AMERICAN SIGN LANGUAGE

Instructor: Eve Sutton, esutton@pausd.org

Prerequisite: Open to all adults including Advanced English language learners

Are you ready to read, write, and speak with your hands? Here's an after-school class with handy hints to help you over the bumpy start of reading and writing in Braille, so you can get a feel for Grade 1 (uncontracted) and Grade 2 (contracted) forms. Braille instruction alternates with learning American Sign Language (ASL), to focus on signs most commonly used with sighted, non-verbal students ages 3-22 in PAUSD's Special Education classes. There will be a \$20 materials fee payable to the instructor on the first day of class.

10 wks / September 11–November 13

Wednesday / 4:30–6 p.m.

Palo Alto HS Rm 30 / \$150

CREATIVE WRITING WORKSHOP

Instructor: Chana Feinstein, cfeinstein@pausd.org

Prerequisite: Have previously taken Creative Writing class at Palo Alto Adult School or have permission from instructor

Learn to be a stronger writer in this online class! Express yourself in any genre. Share your thoughts and feelings with others, present your work, and receive constructive feedback in an encouraging, supportive environment.

10 wks / September 12–November 14

Thursday / 6–8:30 p.m.

Live Online / \$100

NEW

CREATIVE WRITING: WRITERS MENTORING WRITERS

Instructor: Sam Kauffman, samksongs@gmail.com

Prerequisite: None

Learn to be a better writer! Share your ideas, feelings, and experiences with others. Express yourself through poetry, memoir, short stories, essays, creative non-fiction or whatever you prefer. *Limit 10 students.*

10 wks / September 11–November 13

Wednesday / 1–3:30 p.m.

Palo Alto HS Rm 30 / \$100

CREATIVE WRITING: WRITING TO HEAL

Instructor: Chana Feinstein, cfeinstein@pausd.org

Prerequisite: None

New methods show how writing about your trauma and pain can heal. You will get a chance to practice written techniques in class and at home designed to help you revisit your upsetting experiences, then find new meaning and hope. This class is self-help coaching, not therapy.

9 wks / September 9–November 4

Monday / 9–11:30 a.m.

Live Online / \$100

GENEALOGY WORKSHOP

Instructor: Rachel Kellerman, rkellerman@pausd.org

Prerequisite: None

Are you new to family history research or looking for a place to hone your skills and explore resources? Then this workshop is for you! Each week we will focus on particular topics/resources followed by a work period.

9 wks / September 11–November 13 (*No class October 23*)

Wednesday / 1–3 p.m.

Palo Alto HS Rm 31 / \$180

GENERAL INTEREST

PARENTING BOOK DISCUSSION CLASS

Instructor: Jenn Pierson, jpierson@pausd.org
Prerequisite: None



This class is for parents of children ages 3-8 who want to extend their parenting community while reading and discussing research-based parenting books. Through

5 classes, parents will process their own parenting joys and challenges in a supportive group. This fall session will work through *Whole Brain Child*. The discussion book is included in the class fee.

5 Classes / September 18, October 9, October 30, November 20, and December 11
Wednesday / 7:30–9:30 p.m.
Greendell MP Rm / \$250

NEW

POETRY IN TRANSLATION

Instructor: Eve Sutton, esutton@pausd.org
Prerequisite: Open to all adults including Advanced English language learners

NEW

Are you eager to see how poems keep or change their meaning in other languages? Poems in Spanish, French, German, Italian and other languages can keep much of their magic with faithful translations. We will start with a poem by Rumi, translated from the original Persian (*Farsi*) to English, and then translate it to other languages. .

8 wks / September 9–November 4 (*No class October 14*)
Monday / 4:30–6 p.m.
Palo Alto HS Rm 31 / \$120

HEALTH AND FITNESS

ABS AND BOOTY BUSTER

Instructors: Amy Chan, achan@pausd.org
Prerequisite: None

After one session of Abs and Booty Buster we guarantee you'll see results! Designed to strengthen and tone your core, glutes, and back. Bring a yoga mat, 1-3 lbs weights, stretching band, and a water bottle.

10 wks / September 16–November 20 (*No class November 11*)
Monday and Wednesday / 7:30–8:30 p.m.
Cubberley Campus I-Bldg 2nd Flr / \$200

AIKIDO

Instructor: Fushan Yuan, fyuan@pausd.org
Prerequisite: None



Train mind and body in the dynamic art of Aikido! The Japanese martial art of Aikido is a comprehensive system of throwing, joint locking, striking and pinning techniques that foster strength, flexibility, presence of mind, and cooperative movement.

13 wks / September 10–December 14 (*No class November 25-30*)
Tuesday and Thursday / 6:30–8 p.m. & Saturday / 10–11 a.m.
J.L. Stanford Middle School Rm 910 / \$260

LINE DANCING

Instructor: Kent You, kent.you@gmail.com and Sandy Hsu
Prerequisite: None

Exercise your brain and body while enhancing balance as you learn new steps. Dance to a wide variety of international Music—including pop, classical and seasonal songs. No partner needed. Beginners welcome. Line dancing is a fun, great way to exercise!

5 wks / November 5–December 10 (*No class November 26*)
Tuesday / 7:30–8:30 p.m.
Palo Alto HS Dance Studio / \$50

MAT PILATES

Instructor: Golnaz Haghverdi, goli.haghverdi@yahoo.com
Prerequisite: None

Pilates is suitable for all age groups and levels. All you need to bring is a mat and water bottle! You will increase your physical strength, balance, concentration, breathing levels, and core stability in this class.

9 wks / September 18–November 20 (*No class October 30*)
Wednesday / 6:30–8 p.m.
J.L. Stanford Middle School Rm 910 / \$135

PILATES: BEGINNING/INTERMEDIATE

Instructor: Judy Lee-Squire, jleesquire@pausd.org
Prerequisite: None



Increase your core strength, flexibility, and endurance with Pilates, a mind-body exercise that emphasizes conscious breath and form.

We'll use small balls

and therabands. Modifications will be taught. A mat is required during class. *Limit 16 students.*

10 wks / September 24–December 3 (*No class November 26*)
Tuesday / 6:45–7:45 p.m.
Cubberley Campus I-Bldg 2nd Flr / \$100

TAI CHI: CHEN STYLE

Instructor: Lisette Yung, cyung@pausd.org
Prerequisite: None

Learn the traditional Chen Style first form (*Taijiquan*). Practice the continuous movements which helps develop balance, body coordination and strength and the understanding of basic Tai-Chi principles.

8 wks / September 18–November 6
Wednesday / 7:30–8:30 p.m.
Palo Alto HS Dance Studio / \$80

HEALTH AND FITNESS

YOGA AND MEDITATION

Instructor: Kamal Vilms, kvilms@pausd.org

Prerequisite: None

Gently stretch, relax and energize your body with yoga poses that cultivate balance, inner awareness, and mobility and release muscle tension. Regular yoga practice can improve health in many ways from stress reduction to increased flexibility and improved breathing. Bring a yoga mat. *Limit 12 students.*

9 wks / September 9–November 4

Monday / 5–6:30 p.m.

Palo Alto HS Rm P11 / \$135

ZUMBA

Instructor: Amy Chan, achan@pausd.org

Prerequisite: None

Learn different dance styles including Tango, Flamenco, Cha Cha Cha, Salsa, K-Pop, Bollywood, Belly Dancing and more! Zumba helps improve your balance, coordination, and memory. No partner required. Bring a water bottle!

10 wks / September 16–November 20 (*No class November 11*)

Monday and Wednesday / 6:30–7:30 p.m.

Cubberley Campus I-Bldg 2nd Flr / \$200

HOME AND ENVIRONMENT

FIX YOUR CLOTHES! — HEMMING AND MENDING

Instructor: Sally-Ann Rudd,

sallyann_r@yahoo.com

Prerequisite: None

Learn how to hem pants, jeans and skirts, and fix those pesky holes in t-shirts and sweaters. The first class will focus on learning techniques. In the second class, you will be able to repair your own clothing! You do not need your own sewing machine, and previous experience is not required. There will be a \$5 materials fee payable to the instructor at the first class meeting. *Limit 16 students.*

2 wks / September 11–September 18

Wednesday / 6–9 p.m.

J.L. Stanford Middle School Rm 140 / \$60

NEW

LEARN TO QUILT

Instructor: Dana Miller, dana@danamillerfiberarts.com

Prerequisite: Must know how to sew and use

a sewing machine

Discover the artistry and joy of quilting! This hands-on workshop is perfect for those new to quilting. Learn the fundamentals of fabric selection, cutting, piecing, and stitching as your experienced instructor guides you through the step-by-step process. Unleash your creativity and create a beautiful quilted project to cherish. There will be an \$85 materials fee payable to the instructor on the first day of class. *Limit 8 students.*

6 wks / September 24–October 29

Tuesday / 6:30–9 p.m.

J.L. Stanford Middle School Rm 140 / \$150

"In my **Quilting** class, I learned to read patterns and gain confidence in my sewing skills. The class was a step-by-step tutorial on how to make a quilt from start to finish."

Gina Herrin
Electrical Engineer

GARDENING IN FALL

Instructor: Sherri Bohan, sbohan@pausd.org

Prerequisite: None

Existing gardens are easy to create a space for that is not just landscaping—it can become beneficial Habitat and a Buffet for pollinators and songbirds, butterflies and more. Native plants are easy to include for a more water-wise beautiful garden.

12 wks / September 11–December 4 (*No class November 27*)

Wednesday / 10 a.m.–12 noon

Live Online / \$100

IKEBANA FLORAL EXPRESSIONS —SOGETSU STYLE

Instructor: Yvonne Ip, cyp888@gmail.com

Prerequisite: None

Discover the joy of Ikebana, the Japanese art of flower arranging. This course explores the core principles and techniques for achieving harmony, balance and minimalism. Through a combination of theory and hands-on sessions, you will learn how to make your own arrangements that are aesthetically pleasing, expressive, and thought provoking. A flower material fee of \$120 will be payable to the instructor.

5 wks / September 17–October 15

Tuesday / 6–9 p.m.

Palo Alto HS Rm 103 / \$150

NEW

NATURE SCIENCE HIKES

Instructor: Environmental Volunteers,

communityprograms@evols.org

Prerequisite: None

Join EV's most knowledgeable nature-science educators on 3 explorations of local open spaces. Each 2-hour hike will be at a different location and each will focus on learning about a different environmental topic (*see website*). The pace of the hikes will be easy, with semi-frequent stops to discuss subjects. Expect between 1–3 miles. *Limit 12 students.*

3 wks / September 14, October 5, & November 9

Saturday / 10 a.m.–12 noon

Various Locations / \$60

- **September 14:** Skyline Ridge Open Space Preserve
- **October 5:** Stevens Creek County Park
- **November 9:** Palo Alto Baylands Nature Preserve

HOME AND ENVIRONMENT

SEWING: BEGINNING GARMENT SEWING

Instructor: Sally-Ann Rudd, sallyann_r@yahoo.com

Prerequisite: None

Learn some basic garment sewing techniques such as working with commercial patterns, cutting, and sewing. We will start slowly by selecting a basic project. You do not need your own sewing machine for this class, and previous experience is not required. *Limit 20 students.*

8 wks / September 25–November 13

Wednesday / 6–9 p.m.

J.L. Stanford Middle School Rm 140 / \$240

SEWING: INTERMEDIATE GARMENT TECHNIQUES

Instructor: Sally-Ann Rudd, sallyann_r@yahoo.com

Prerequisite: Beginning Garment Sewing or equivalent

You will build on Beginning Garment Sewing by learning more advanced sewing techniques such as zippers, easing a sleeve cap, machine and hand sewn hems, using bias tape to finish seams, different kinds of pockets, edge-stitching, top-stitching and under-stitching among others. You will be encouraged to create a sample binder for future reference. *Limit 16 students.*

8 wks / September 12–October 31

Thursday / 6–9 p.m.

J.L. Stanford Middle School Rm 140 / \$240

NEW

UPHOLSTERY: BASIC TECHNIQUES

Instructors: Isabelle Trainer, itrainer@pausd.org,

Shelly Kim, shkim@pausd.org,

Tracey Wyatt, twyatt@pausd.org, and

Pam Jaradeh, pjaradeh@pausd.org

Prerequisite: None

Learn how to reupholster furniture from start to finish using a mix of traditional and modern techniques. This class focuses on the upholstery of traditional chairs and ottomans (no automotive or boat), and does not address wood frame restoration. Once registered, you will be asked to submit a photo of the project you would like to work on. All projects must be approved by the teachers to ensure we have the proper expertise to assist you. New students must complete a simple project such as an ottoman or dining seat before progressing onto more complicated projects. *Limit 20 students.* **NEW UPHOLSTERY STUDENTS:** After registering, please contact the Adult School Office at (650) 329-3752 for class location and parking information.

SECTION A

10 wks / September 10–November 12

Tuesday / 9 a.m.–1 p.m.

Palo Alto HS Rm 904 / \$400

SECTION B

10 wks / September 12–November 14

Thursday / 9 a.m.–1 p.m.

Palo Alto HS Rm 904 / \$400



MUSIC

GUITAR: BEGINNING

Instructor: Bowen Zheng, passengerave@gmail.com

Prerequisite: None



Join us to get introduced to the world of music and guitar. We will learn music fundamentals such as rhythm and standard notation. Will cover ergonomics of playing guitar and proper posture and proper technique. Expect to play in an ensemble with other classmates as well as individually. It's never too late to begin! Come and discover what you can do with your guitar! Bring your own guitar. *Limit 12 students.*

10 wks / September 11–November 13

Wednesday / 7:30–8:30 p.m.

Palo Alto HS Rm 30 / \$100

GUITAR: INTERMEDIATE

Instructor: Bowen Zheng, passengerave@gmail.com

Prerequisite: Some musical experience and ability to read music recommended

This class is designed for students who have had some music experience in the past (*doesn't have to be guitar*). You will pick up from playing single line melodies and progress to playing more notes simultaneously. You will also be working on proper technique, posture, rhythm, music reading, and other musicianship skills. Bring a classical guitar to class. *Limit 12 students.*

10 wks / September 11–November 13

Wednesday / 6–7:30 p.m.

Palo Alto HS Rm 30 / \$150

MUSIC

MASTER SINFONIA CHAMBER ORCHESTRA

Instructor: David Ramadanoff, info@mastersinfonia.org, www.mastersinfonia.org

Prerequisite: Students must have advanced technical and music skills on an orchestral instrument.

The Master Sinfonia Chamber Orchestra will rehearse and perform works ranging from classics such as Mozart, Beethoven, Brahms, to 20th Century composers such as Samuel Barber and living composers such as John Adams. The orchestra's fall concert will be performed Friday, October 18, 2024 at 6 p.m. in the Palo Alto High School Performing Arts Center. Please visit mastersinfonia.org for details. *Applicants must audition with the instructor, David Ramadanoff, before attending the first orchestra rehearsal. Contact him at info@mastersinfonia.org for more details.*

10 wks / September 12–November 14

Thursday / 7:30–10 p.m.

Los Altos United Methodist Church / \$55

PENINSULA SYMPHONIC BAND

Instructor: Ted Henderson, mrhenderson1962@gmail.com

Experience the thrill of performance in this fully instrumental band for experienced players of wind and mallet-rhythm percussion instruments. Enjoy playing traditional, popular and classical music. Percussionists and tubists are especially needed. A concert will be given at the end of the quarter, on Sunday, November 24, 2024. *Before attending the first band practice, applicants must email Ted Henderson at mrhenderson1962@gmail.com or call him at (408) 910-1830.*

10 wks / September 9–November 18 (No class November 11)

Monday / 7:30–10 p.m.

Palo Alto HS Rm 109 / \$60

PIANO: BEGINNING/INTERMEDIATE

Instructor: Kathy Woveris, kwoveris@gmail.com

Learn to play music in a fun environment using the provided keyboards. Instruction includes basic notes, rhythm, theory and finger exercises as well as chords and scales. You will need a keyboard at home to practice on, or you can rent a keyboard. See website for textbook information. Note: No perfumes or scented hair products of any kind in class due to the instructor's allergies.

Limit 10 students each section.

SECTION A: Beginning (No previous lessons)

9 wks / September 11–November 6

Wednesday / 5:30–6:30 p.m.

Palo Alto HS Rm 305 / \$90

SECTION B: Beginning/Intermediate

9 wks / September 11–November 6

Wednesday / 6:30–7:30 p.m.

Palo Alto HS Rm 305 / \$90

SECTION C: Intermediate

9 wks / September 11–November 6

Wednesday / 7:30–8:30 p.m.

Palo Alto HS Rm 305 / \$90

TAIKO

Instructor: Kensuke Sumii, info@drumrevolution.com

Prerequisite: Age 15+

Taiko is the art of Japanese drumming, which develops self-expression and musical creativity. This course engages in Uchikomi based practice. You should have a sense of rhythm and/or stamina to hit drums for two hours. All equipment – including drums & sticks – are provided.

There will be a materials fee payable to the instructor at the first class to cover the drum heads replacement. Before registering, see website for more important information.

Limit 24 students.

SECTION A (Open to all students)

6 wks / August 28–October 2

Wednesday / 8–10 p.m.

Palo Alto HS Student Center / \$60 (plus \$120 materials fee)

SECTION B (Open to continuing students only)

10 wks / October 9–December 18 (No class November 27)

Wednesday / 8–10 p.m.

Palo Alto HS Student Center / \$100 (plus \$200 materials fee)

VIOLIN: BEGINNING

Instructor: Dr. Chag-Hee Lee, chlee@pausd.org

Prerequisite: None

Have you ever dreamed of playing the violin? Then this class is for you! You will learn the basic techniques of playing violin by demonstrating and understanding the repertoire presented and assigned in class. Bring your own violin. See website for class materials. *Limit 12 students.*

11 wks / September 10–November 19

Tuesday / 7–8 p.m.

Palo Alto HS Rm 30 / \$110

VIOLIN: INTERMEDIATE

Instructor: Dr. Chag-Hee Lee, chlee@pausd.org

Prerequisite: Intro to violin or equivalent

This is a continuation of the *Violin: Beginning* class for students who desire to refine their technique and skills in a group setting. You will review and reinforce music reading, playing fundamentals and techniques that are important for lasting musical development. You will also emphasize proper posture and playing position, development of characteristic tone quality and training in music literacy. Music used in class is specifically written and arranged for violins. Bring your own violin. See website for class materials. *Limit 12 students.*

11 wks / September 10–November 19

Tuesday / 8–9:30 p.m.

Palo Alto HS Rm 30 / \$165

PENINSULA SYMPHONIC BAND WINTER CONCERT

Conducted By Ted Henderson

Sunday • November 24, 2024 • 3 p.m.

Admission FREE — Donations Appreciated



**** CONCERTS ****



MASTER SINFONIA CHAMBER ORCHESTRA

Conducted By David Ramadanoff


Friday • October 18, 2024 • 6 p.m.

Visit mastersinfonia.org for ticket information

Instructor-Facilitated Online Courses



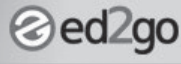
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ACCOUNTING FUNDAMENTALS

If you want to increase your financial awareness and gain a marketable skill, this course is for you!

ADMINISTRATIVE ASSISTANT FUNDAMENTALS

Master essential job responsibilities as you identify opportunities and implement solutions for increased productivity throughout your company.

CONVERSATIONAL JAPANESE

This course will provide you with useful words and phrases for conversing as you master the essentials of the Japanese language.

DESIGNING EFFECTIVE WEBSITES

Regardless of your current skills or level of knowledge, in this course you'll master the basics of web design and learn how to build more effective sites.

LOSE WEIGHT AND KEEP IT OFF

In this comprehensive course, you'll discover how to establish a healthy approach to weight loss and weight maintenance.

MASTERING PUBLIC SPEAKING

Equip yourself with the skills you need to communicate with ease and authority on the job or in any social setting.

MICROSOFT EXCEL

Most workplaces require that new employees have a basic level of understanding of Microsoft Excel. This course will introduce you to the program's basic functions and uses.

PARALEGAL PREPARATION I

In this course, you will discover what paralegals do and find out what you will need to know in order to begin your own paralegal career.

QUICKBOOKS ONLINE

This course will empower you to take control of your business's financial accounting, all with the ease and convenience of an online platform.

REAL ESTATE LAW

Learn the basics of real estate law, including investing, title searching, and mortgages.

SECRETS OF BETTER PHOTOGRAPHY

Whether you use a DSLR, a point-and-shoot camera, or your phone for your photography, you will learn how to get the best results from your camera.

STARTING YOUR OWN BUSINESS IN HEALTH AND HEALING

In this innovative course, you'll learn how to make your dreams of building a health-related business a reality.

STOCKS, BONDS AND INVESTING

Learn how to make wise investment decisions so that you have enough money to live comfortably through your retirement.

USING SOCIAL MEDIA IN BUSINESS

Learn how Facebook, Twitter, LinkedIn, Pinterest and Google+ can grow and promote your business.



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Visit ed2go.com/PaloAlto / New course sessions begin monthly

PARENTING AND FAMILY

For 78 years, we have offered preschool programs organized primarily for parent education. Parents develop a deeper understanding of early childhood development and parenting skills through adult discussion classes, formal and informal observations, and community exchanges. Our unique participatory structure allows parents to be involved in their children's preschool education.

PRESCHOOL FAMILY

4120 MIDDLEFIELD ROAD • PALO ALTO, CA 94303-4741 • (650) 856-0833

INSTRUCTOR: PRESCHOOL FAMILY STAFF

PreSchool Family is a parent education, parent participation program serving families with children from birth through five years. The program is designed to offer parents an opportunity to learn about parenting and to actively participate in their child's education. For children, the program offers a developmentally appropriate, play-based, educational experience. Parents join their child for one class each week during September–May regardless of the age of the child.



Parent education is the heart of our program and consistent parent participation is required in both the child and the adult classes. We are committed to supporting the welfare of the whole family. Through our program, parents develop a sense of community and strength by working with other parents and their children. We strive to enhance each child's natural curiosity and love of learning.

PROGRAMS OFFERED FOR THE 2024-2025 SCHOOL YEAR

Parent and Me Classes

- **Baby Class (6–12 Month):** Wednesday 10 a.m.–12 noon & Parent class monthly Thursday 7–9 p.m.
- **Toddler Thursday Class (12–24 Month Old):** Thursday 9:30–11:30 a.m. & Parent class Thursday 7:30–9:30 p.m.
- **Toddler Friday Class (12–24 Month Old):** Friday 9:30–11:30 a.m. & Parent class Monday 7:30–9:30 p.m.
- **2–3 Year Old Dinner Class:** Wednesday 4–6:15 p.m.

Parent Participation PreSchool Classes

- **2 Year Old Class:** Monday & Wednesday 9:30 a.m.–12 noon & Parent class Thursday 7:30–9:30 p.m.
- **2 Year Old Class:** Tuesday & Thursday 9:30 a.m.–12 noon & Parent class Thursday or Thursday 7:30–9:30 p.m.
- **3 Year Old Class:** Monday, Wednesday, & Friday 9 a.m.–12 noon & Parent class Wednesday 7:30–9:30 p.m.
- **3 Year Old Stay & Play Class:** Monday, Wednesday, & Friday 9 a.m.–12 noon & Parent class Monday 11:45 a.m.–2:15 p.m.
- **4 Year Old Class:** Monday–Thursday 9 a.m.–12:15 p.m. & Parent class Tuesday 7–9 p.m.
- **4 Year Old Stay & Play Class:** Monday–Thursday 9 a.m.–12:15 p.m. & Parent class Tuesday 12 noon–2:30 p.m.
- **4 Year Old Opt-In 5th Day:** Friday 9 a.m.–12:15 p.m.

For information about 2024-2025 classes and registration,
please visit <https://greendell.pausd.org/programs/preschool-family>
Follow PreSchool Family at [instagram.com/preschoolfamily](https://www.instagram.com/preschoolfamily) and twitter.com/preschoolfamily
PreSchool Family phone: (650) 856-0833

PARENT EDUCATION

PARENTING BOOK DISCUSSION CLASS

Instructor: Jenn Pierson, jpierson@pausd.org

Prerequisite: None

This class is for parents of children ages 3-8 who want to extend their parenting community while reading and discussing research-based parenting books. Through 5 classes, parents will process their own parenting joys and challenges in a supportive group. This fall session will work through *Whole Brain Child*. The discussion book is included in the class fee.

5 Classes / September 18, October 9, October 30,
November 20, and December 11
Wednesday / 7:30–9:30 p.m.
Greendell MP Rm / \$250

NEW



PHOTOGRAPHY

CREATIVE PHOTOGRAPHY WITH A CELL PHONE

Instructor: Carol Boclin, carolboclin@gmail.com

Prerequisite: None

This class offers a practical method to stimulate your creativity and introduce you to the pleasures of photography, with the aim of achieving your best performance using just your cell phone. We will cover the following in class: Principles of Composition, Power of Images, Gestalt Theory, Figure & Background, Light & Shadows, Colors/Black & White.

8 wks / September 16–November 4

Monday / 6:30–8:30 p.m.

Palo Alto HS Rm 30 / \$160

NEW



WOODWORKING: *Classes Limited to 15 Students (except Woodturning)*

WOODTURNING: INTRODUCTION TO THE LATHE

Instructor: Tina Chou, tchou@pausd.org

Prerequisite: None

The first class of Woodworking modified into a 3-hour standalone lesson. You will learn basic safety, operating a lathe, and using the spindle roughing gouge to turn a simple rolling pin. There will be a \$20 materials fee payable to the instructor at the first class meeting.

SECTION A *(Classes Limited to 6 Students)*

One Session / See Dates Below

Monday / 7–10 p.m.

Palo Alto HS Woodshop / \$70 per session

- September 16
- October 14
- October 28

SECTION B *(Classes Limited to 5 Students)*

One Session / See Dates Below

Wednesday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$70 per session

- September 18
- September 25
- October 16
- October 30
- November 13



WOODTURNING 1: INTRODUCTION TO SPINDLES

Instructor: Tina Chou, tchou@pausd.org

Prerequisite: None

You will learn the basic fundamentals of woodturning by making rolling pins, a mallet, and bud vases. Emphasis will be placed on developing proper technique with traditional tools through practice and repetition. You will have lots of fun and make some wood shavings. There will be a \$40 materials fee payable to the instructor at the first class meeting. *Limit 6 students each section.*

SECTION A

Two Sessions / September 21–22

Saturday and Sunday / 9:30 a.m.–4:30 p.m.

Palo Alto HS Woodshop / \$280

SECTION B

Two Sessions / October 12–13

Saturday and Sunday / 9:30 a.m.–4:30 p.m.

Palo Alto HS Woodshop / \$280

WOODTURNING 2: INTRODUCTION TO BOWLS

Instructor: Tina Chou, tchou@pausd.org

Prerequisite: Woodturning I



You will build on your Woodturning 1 skills and learn the basics of turning wooden bowls. Projects will include different bowl designs and chucking methods. We will discuss how to process a tree into bowls, safety, and tool sharpening. You will make a lot of wood shavings. There will be a \$40 materials fee payable to the instructor at the first class meeting. *Limit 6 students each section.*

SECTION A

Two Sessions / October 26–27

Saturday and Sunday / 9:30 a.m.–4:30 p.m.

Palo Alto HS Woodshop / \$280

SECTION B

Two Sessions / November 9–10

Saturday and Sunday / 9:30 a.m.–4:30 p.m.

Palo Alto HS Woodshop / \$280

WOODWORKING: *Classes Limited to 15 Students (except Woodturning)*

WOODWORKING 1: BUILD A TABLE

Prerequisite: None



Develop woodworking skills while building a table from rough wood. The class will focus on shop and power tool safety. There will be a materials fee (\$50-\$60) payable to the instructor to cover the cost of wood. Storage space is available for projects during the quarter. You will need safety glasses and hearing protection is highly recommended. No textbook. Materials will be emailed before the class.

SECTION A

Instructors: Derek Witte, dwitte@pausd.org, and Sean McCluskey, sean94118@gmail.com
10 wks / September 11–December 4 (*No class October 16–23*)
Wednesday / 1:30–4:30 p.m.
Palo Alto HS Woodshop / \$300

SECTION B

Instructors: Rayan Ghazal, rayan@stanford.edu, and Alex Granieri, agranieri@pausd.org
10 wks / September 12–November 14
Thursday / 6:30–9:30 p.m.
Palo Alto HS Woodshop / \$300

SECTION C

Instructors: Marty Lastowski, mlastowski@pausd.org, and Nicholas Lewin-Koh
10 wks / September 13–November 15
Friday / 6:30–9:30 p.m.
Palo Alto HS Woodshop / \$300

WOODWORKING 2: INTRODUCTION TO HAND TOOLS

Instructors: Sumit Roy, sroy@pausd.org and Darryl Dieckman, ddieckman@pausd.org

Prerequisite: Woodworking 1—No Exceptions



This class will introduce woodworkers to the use and maintenance of common hand tools used in fine woodworking. Students will learn how to use layout tools, chisels, saws, and block planes to create an example of traditional joinery. Sharpening of chisels and plane blades will also be covered. In the second half of the semester, you can practice your skills and build a sliding lid tool box. Students will need to bring their own set of tools, expect to invest \$250+ prior to the beginning of class. The required tool list is available from sroy@pausd.org. Instructor pre-approval will be needed to enroll in the class. There will be a materials fee of \$40 payable to the instructor at the first class.

10 wks / September 12–November 14
Thursday / 1:30–4:30 p.m.
Palo Alto HS Woodshop / \$300

WOODWORKING 2: HOLIDAY PROJECTS

Prerequisite: Woodworking 1—No Exceptions

Students will learn the bandsaw, lathe and routers while continuing to reinforce safe practices learned in Woodworking 1. Make an inlay cutting board, turned pen, a handheld mirror or small box, and other projects. Students will work with a variety of hardwoods to make beautiful pieces suitable for gifting or to keep. There will be a materials fee payable to the instructor on the first day of class.

SECTION A

Instructors: Steve Garcia, steve@adzac.com, and Mary Ann Carmack, macsoybean@gmail.com
10 wks / September 10–November 19 (*No class September 24*)
Tuesday / 1:30–4:30 p.m.
Palo Alto HS Woodshop / \$300

SECTION B

Instructors: Steve Garcia, steve@adzac.com, Marcus Miller, wmmiller2@yahoo.com, and Chris Cahill, ccahill@pausd.org
10 wks / September 10–November 19 (*No class September 24*)
Tuesday / 6:30–9:30 p.m.
Palo Alto HS Woodshop / \$300

WOODWORKING 2 PROJECT: KITCHEN WORK CENTER

Instructors: Marc Brown, marc@chezbrown.com

Prerequisite: Woodworking 1

(This class does not prequalify for Woodworking 3)

Students in this class will sharpen their woodworking skills, and likely learn some new ones, in building a sturdy kitchen work center, about 2' x 3' x 36", with a butcher-block top. Among the skills utilized in this class are stopped router cuts; joinery using locking miters; installing gliders; tapering using a jointer; cutting grooves. There will be a materials fee payable to the instructor at the first class meeting. This project requires about 60bf of wood, plus some specialized hardware. The cost will be about \$400 payable to the instructor on the first day of class. The exact amount will depend on the cost of wood in December, and what species of wood you'd like to use.

5 days / December 16–December 20
Monday–Friday / 12–5 p.m.
Palo Alto HS Woodshop / \$250

WOODWORKING 2 PROJECT: EDGE-GRAIN CUTTING BOARD

Instructors: Marc Brown, marc@chezbrown.com

Prerequisite: Woodworking 1

(This class does not prequalify for Woodworking 3)

What do you do with all the cut-offs you have from your projects? If you are like me, you put them in a box with the intention of finding a use for them. This 2-session class solves the problem: We will use all sorts of "scraps" to make a cutting board or two.

2 Sessions / December 17 and December 19
Tuesday & Thursday / 9 a.m.–12 noon
Palo Alto HS Woodshop / \$140

NEW

WOODWORKING: *Classes Limited to 15 Students (except Woodturning)*

WOODWORKING 3: ADVANCED WOODWORKING TECHNIQUES

Prerequisite: Woodworking 1 & 2 —No Exceptions

Come work on your own project, while learning setup and techniques for power tools and hand tools! This class includes short tutorials as well as open shop time to work on your personal project under supervision.

SECTION A

Instructors: Darryl Dieckman, ddieckman@pausd.org,
and Sumit Roy, sroy@pausd.org

10 wks / September 9–November 18 (*No class November 11*)

Monday / 2–5 p.m.

Palo Alto HS Woodshop / \$300

SECTION B

Instructors: Marcus Miller, wmmiller2@yahoo.com,
and Aaron Straight, astraight@pausd.org

10 wks / September 9–November 18 (*No class November 11*)

Monday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$300

WOODWORKING 4: ADVANCED—OPEN SHOP

Instructors: Rayan Ghazal, rayan@stanford.edu,
and Sharad Patel, spatel@pausd.org

Prerequisite: Three quarters of Woodworking classes

Work at your own pace with access to instruction, equipment and advice when you need it. A skills test will be given at the first class. Students supply their own materials. Storage space is available for projects during the quarter. Please email instructor at rayan@stanford.edu prior to enrolling.

10 wks / September 11–November 13

Wednesday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$300

WORLD LANGUAGES

CHINESE: BEGINNING

Instructor: Lucia Wu, www@pausd.org

Prerequisite: One quarter of Chinese: Beginning I or have knowledge of the complete set of Chinese phonetics

Learn the most popular language in the world. Be able to speak accurately with tones from the start. At the end of the quarter, you will be able to recognize all the phonetic elements, read and speak Chinese through phonetics and conduct simple conversations. Characters will be introduced in the second quarter. This class is ideal for parents who plan to help their children with Chinese pronunciation by simply applying the skills they have learned from this class! Required textbook (*Chinese Express: Book 1*) can be purchased in the Adult School office.

10 wks / September 10–November 12

Tuesday / 3–5 p.m.

Palo Alto HS Rm 30 / \$200

CHINESE: INTERMEDIATE

Instructor: Lucia Wu, www@pausd.org

Prerequisite: One year of Chinese or equivalent, ability to properly read Chinese phonetics with tones, and knowledge of some basic grammar and characters

Learn the most popular language in the world. Explore modern China through various popular topics about the modern generation. Continue to expand vocabulary grammar. Class includes individual presentation, small group and whole class interaction, listening comprehension, translation exercises and characters reading. 300 characters will be introduced. Required textbook (*Chinese Express: Book 1*) can be purchased in the Adult School office.

10 wks / September 10–November 12

Tuesday / 5–7 p.m.

Palo Alto HS Rm 30 / \$200

"In my **Beginning Chinese** class, it was great to have regular practice with other beginner level speakers. The instruction emphasized tones and gave an understanding of the context and meaning of vocabulary and phrases."

Kyle Roscamp
Scientist

Interested in Pakistani culture and art? Or Arabic calligraphy?

Check out
our *Pakistani
Truck Art*
class on
page 1.



WORLD LANGUAGES

FRENCH: BEGINNING

Instructor: Pary Sarraf, pary.sarraf@gmail.com

Prerequisite: Beginning I (Sec. A)–None;

Beginning II (Sec. B)–French Beginning I or equivalent



Bonjour! Students with no French instruction will learn the fundamentals of French pronunciation and will develop basic everyday conversational skills with focus on phonetics, grammar, listening comprehension, reading, and writing exercises. Students will also become familiar with the French culture

and customs. Order book prior to first class. Textbook from Amazon: *Dis-moi!* (ISBN: 0-673-21627-6).

SECTION A: Beginning I

10 wks / September 10–November 12

Tuesday / 9:30–11:30 a.m.

Live Online / \$200

SECTION B: Beginning II

10 wks / September 9–November 18 (*No class November 11*)

Monday / 2–4 p.m.

Live Online / \$200

FRENCH: INTERMEDIATE

Instructor: Pary Sarraf, pary.sarraf@gmail.com

Prerequisite: French Beginning II or equivalent

Increase vocabulary knowledge through reading and listening exercises. Improve conversational skills by following guided activities. Continue reinforcing mastery of grammar and improving syntax. Enhance knowledge of French culture and customs. Order book prior to first class. Textbook: *Dis-moi!* (ISBN: 0-673-21627-6).

10 wks / September 10–November 12

Tuesday / 6–8 p.m.

Live Online / \$200

FRENCH GRAMMAR REVIEW

Instructor: Pary Sarraf, pary.sarraf@gmail.com

Prerequisite: French intermediate

In this comprehensive grammar review course, the emphasis is on the language structure leading to effective communication. The curriculum includes a thorough revision of the parts of speech, modes, sentence structure, verb conjugation, and activity-based exercises. Order book prior to first class. Textbook: *Grammaire en dialogues – Niveau avancé*. (ISBN: 978-209-038062-0).

10 wks / September 10–November 12

Tuesday / 2:30–4:30 p.m.

Live Online / \$200

"My **French Literature** class gave me lots of practice speaking French which will help when I travel to France."

Henry Gregory
Retail Management (Retired)

FRENCH: ADVANCED—

L'ART DE CONVERSATION

Instructor: Pary Sarraf, pary.sarraf@gmail.com

Prerequisite: High intermediate

L'art de la conversation. Students will initiate and participate in a variety of conversational topics in real-life settings including current events, art, movies, history, books, travel, cuisine, and more. Increase vocabulary and enhance your communication skills, grammar, and syntax. Expand the ability to express your thoughts and opinions on an engaging array of topics. All students are required to have their video ON during class. No textbook.

10 wks / September 12–November 14

Thursday / 6–8 p.m.

Live Online / \$200

FRENCH: HIGH INTERMEDIATE

READING AND CONVERSATION

Instructor: Mireille Belloni, mbelloni@pausd.org

Prerequisite: High intermediate French or equivalent

Reading is a great way to expand your knowledge of French. You will use a contemporary French novel as a vehicle for improving your language skills and discover aspects of French-speaking culture. Please contact the instructor for textbook information. *Limit 12 students.*

4 wks / September 9–September 30

Monday / 6–7:30 p.m.

Live Online / \$60

ITALIAN: BEGINNING I

Instructor: Roberta Lamanda, rlamanda@pausd.org

Prerequisite: None

Join this fun class taught by an experienced native Italian speaker! Perfect for early beginners, you will learn basic grammar, pronunciation, and conversation through group activities. The emphasis is on active participation. Come and join us! All students are required to have their video ON during class. Textbook: Reach out to the instructor for details regarding the textbook or any inquiries about this class.

10 wks / September 12–November 14

Thursday / 5–6:30 p.m.

Live Online / \$150

ITALIAN: BEGINNING IV

Instructor: Roberta Lamanda, rlamanda@pausd.org

Prerequisite: Beginning III or equivalent

Join this enjoyable class led by a native Italian speaker! Enhance your grammar, pronunciation, and conversational skills. This class is ideal for those with basic Italian knowledge. Active participation is encouraged. New students welcome. All students are required to have their video ON during class. *A presto!* Textbook: Reach out to the instructor for details regarding the textbook or any inquiries about this class.

10 wks / September 10–November 12

Tuesday / 5–6:30 p.m.

Live Online / \$150

WORLD LANGUAGES

ITALIAN: INTERMEDIATE I

Instructor: Roberta Lamanda, rlamanda@pausd.org

Prerequisite: Beginning V or equivalent

Enhance your Italian grammar, refine your syntax, and dive into Italy's rich culture! Led by a native speaker, this class emphasizes conversation and active participation. Ideal for students with solid elementary Italian skills. New students welcome! All students are required to have their video ON during class. *A presto!* Textbook: Reach out to the instructor for details regarding the textbook or any inquiries about this class.

10 wks / September 11–November 13

Wednesday / 6–7:30 p.m.

Live Online / \$150

ITALIAN: INTERMEDIATE V

Instructor: Roberta Lamanda, rlamanda@pausd.org

Prerequisite: Intermediate VI or equivalent

Enhance your Italian skills in a vibrant, immersive class! This high-intermediate course, led by a native speaker, emphasizes conversation and active participation. Review, reinforce, and expand your grammar and language abilities in a dynamic, enjoyable setting. New students welcome. All students are required to have their video ON during class. *Vi aspetto!* Textbook: Reach out to the instructor for details regarding the textbook or any inquiries about this class.

8 wks / September 9–November 4 (*No class September 16*)

Monday / 6–7:30 p.m.

Live Online / \$120

SPANISH: BEGINNING

Instructor: Leonardo McCord Salazar

Prerequisite: Section A: None; Section D: Four quarters of beginning Spanish or equivalent



Learn the essentials of Spanish grammar from a native speaker, and develop the four language skills in meaningful contexts. Topics included will be useful for parents with children in Spanish Immersion classes. Adult students will be able

to participate actively in simple conversations with their children. Required textbook can be purchased in the Adult School office.

Levels 2–4 are not offered this fall quarter.

SECTION A (Level 1)

10 wks / September 12–November 14

Thursday / 7–9 p.m.

Palo Alto HS Rm 302 / \$200

SECTION E (Level 5)

10 wks / September 9–November 18 (*No class November 11*)

Monday / 7–9 p.m.

Palo Alto HS Rm 302 / \$200

SPANISH: LOW INTERMEDIATE

Instructor: Leonard McCord Salazar

Prerequisite: Two years of Beginning Spanish or equivalent

¡Habla Ud. español? Continue your studies, and focus on conversational skills. Add to your knowledge of grammar and Hispanic culture. Required textbooks can be purchased in the Adult School office.

10 wks / September 10–November 12

Tuesday / 7–9 p.m.

Palo Alto HS Rm 302 / \$200

SPANISH: INTERMEDIATE

Instructor: Leonardo McCord Salazar, lmccord@pausd.org

Prerequisite: Three quarters of low intermediate Spanish or equivalent

Learn the fine points of Spanish grammar and the multiple uses of the subjunctive mood in this engaging course. Read, translate, and discuss a masterpiece of Spanish, Latin-American, or Chicano literature. Required textbooks can be purchased in the Adult School office.

10 wks / September 11–November 13

Wednesday / 5–7 p.m.

Live Online / \$200

"After taking my **Advanced Spanish and Conversation** class, I improved in fluency when conversing with native Spanish speakers. I also participate in a Spanish language blog."

Sylvia Gartner
Retired

SPANISH: ADVANCED CONVERSATION AND LITERATURE

Instructor: Leonardo McCord Salazar

Prerequisite: Advanced Spanish skills

Converse with other students in Spanish, and read contemporary Spanish, Latin-American, or Chicano plays, novels, or short stories. Repetition of the course is encouraged, as new literature is introduced every quarter.

10 wks / September 11–November 13

Wednesday / 7:30–9:30 p.m.

Live Online / \$200



NEW TEACHERS WELCOME!

If you would like to become an Adult School instructor, call (650) 329-3752 for an application.

For more information on how to apply, visit

PAAadultschool.org/new-instructors-welcome

MISSION AND SCHOOLWIDE LEARNER OUTCOMES (SLOs)

MISSION

Palo Alto Adult School is committed to providing a broad range of accessible, flexible, and effective educational programs that enable our diverse community of adult learners to achieve their academic, career, and personal goals.

SCHOOLWIDE LEARNER OUTCOMES (SLOs)

SET GOALS

Students will assess their own needs and identify their academic, career, and/or personal goals.

- With guidance, develop and communicate plans to achieve their goals.
- Be self-directed learners who learn independently and collaboratively in a diverse environment.

ACHIEVE SKILLS

Using a variety of methods, technology, and resources, students will acquire knowledge and skills.

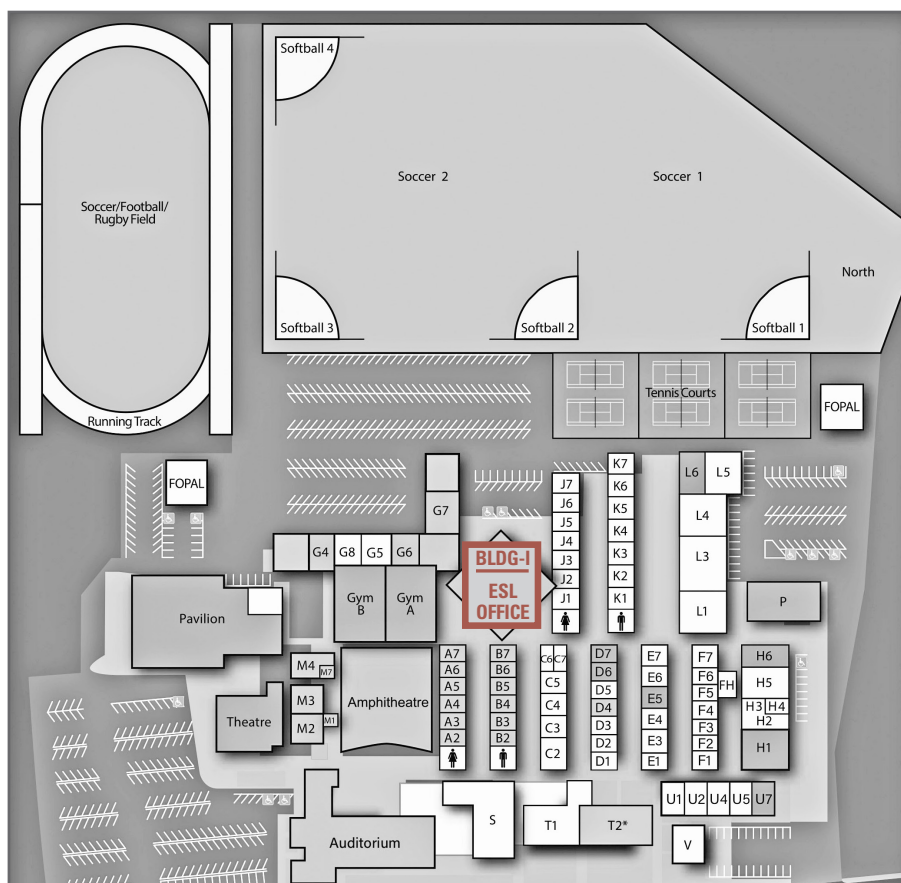
- Develop and apply critical thinking skills.
- Obtain academic and career skills for life and workforce readiness.

DEMONSTRATE LEARNING

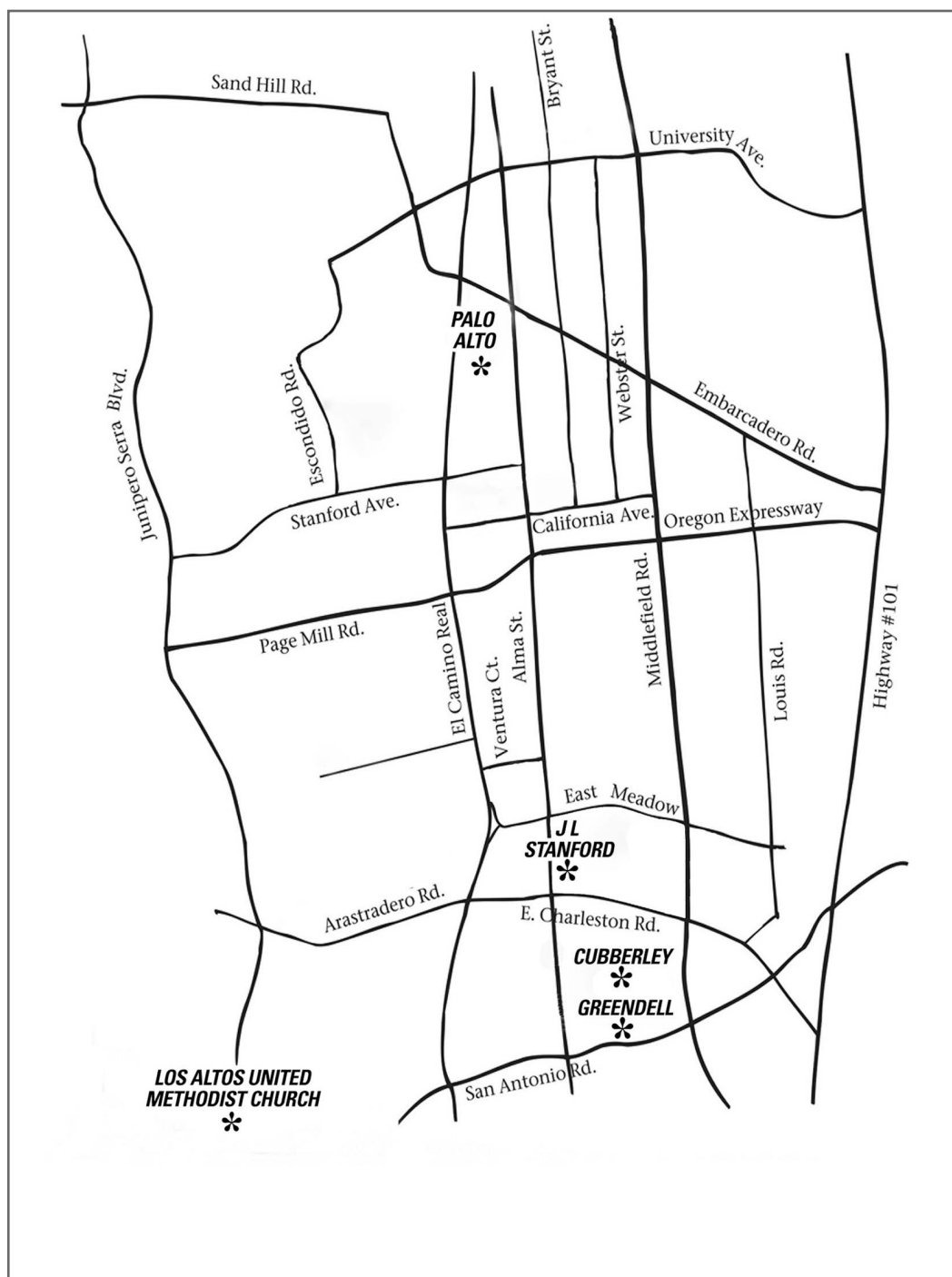
Students will apply their acquired core knowledge and skills appropriate to their goals.

- Advance to post-secondary education or training.
- Contribute to personal enrichment and the community.
- Demonstrate 21st century skills including critical thinking, communication, collaboration, and creativity.

CUBBERLEY COMMUNITY CENTER — ADULT SCHOOL CLASS LOCATIONS



PALO ALTO ADULT SCHOOL LOCATIONS



PALO ALTO

Palo Alto High School
50 Embarcadero Road

CUBBERLEY

Cubberley Community Center
4000 Middlefield Road

GREENDELL

Greendell School
4120 Middlefield Road

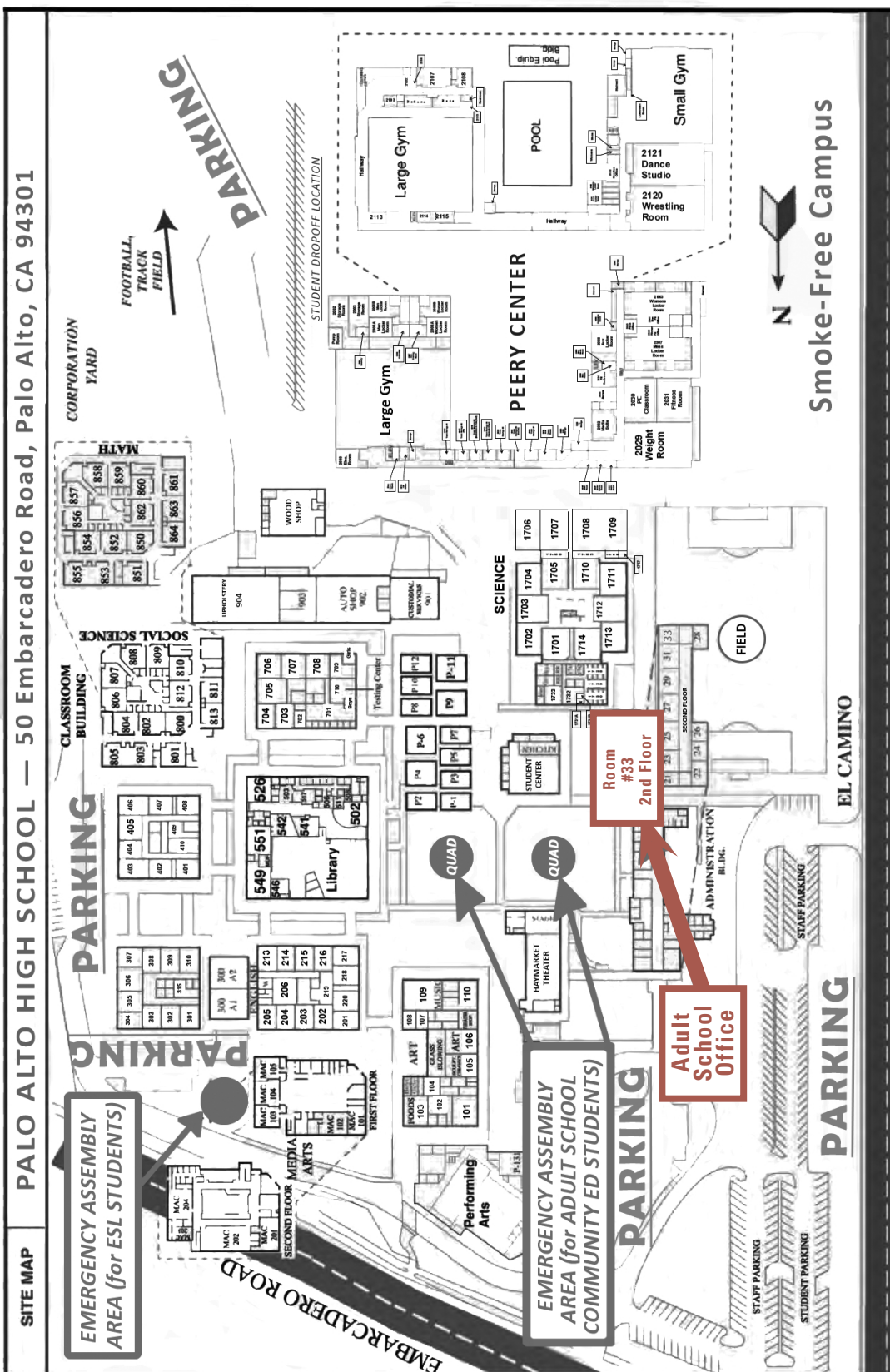
J. L. STANFORD

J.L. Stanford Middle School
480 E. Meadow Drive

LOS ALTOS UNITED METHODIST CHURCH

655 Magdalena Avenue, Los Altos

PALO ALTO ADULT SCHOOL CLASS LOCATIONS



Updates to the catalog after printing can be found on our website at PAAadultschool.org

ADMINISTRATIVE POLICIES

POLICIES AND PROCEDURES

Palo Alto Adult School follows the Policies and Procedures adopted by the Palo Alto Board of Education. These can be found at: <https://www.pausd.org/about-us/policies-procedures/board-policies>. These policies support the Education Code of the State of California.

NON DISCRIMINATION

BP 0400: The Board shall provide equal opportunities in all areas and assure that there will be no discrimination against any person on the grounds of race, religion, age, sex, national origin, color, disability, political belief, sexual orientation, marital status, or veteran's status.

ACADEMIC REGULATIONS

BP 5131: The Board of Education believes that all students have the right to be educated in a positive learning environment free from disruptions. Students shall be expected to exhibit appropriate conduct that does not infringe upon the rights of others or interfere with the school program while on school grounds, while going to or coming from school, while at school activities, and while on district transportation.

Conduct is considered appropriate when students are diligent in study, careful with school property, courteous, and respectful toward their teachers, other staff, students, and volunteers. Prohibited student conduct includes, but is not limited to:

- Conduct that endangers students, staff, or others
- Conduct that disrupts the orderly classroom or school environment
- Harassment of students or staff
- Damage to or theft of property belonging to students, staff, or the district
- Use of profane, vulgar, or abusive language
- Plagiarism or dishonesty in school work or on tests
- Possession, use, or being under the influence of tobacco, alcohol, or other prohibited drug in violation of school rules

Students who violate district or school rules and regulations may be subject to discipline including, but not limited to, suspension, expulsion, transfer to alternative programs, or denial of participation in extracurricular or cocurricular activities in accordance with Board policy and administrative regulation. The Superintendent or designee shall notify local law enforcement as appropriate.

STUDENT RECORDS

BP 5125: At each school, the principal or a certificated designee shall act as custodian of records for students enrolled at that school. The custodian of records shall be responsible for implementing Board policy and administrative regulation regarding student records.

School Policy: Adult student records can be released following a written request by the student to the adult school office. Records are released to other parties with the student's permission.

ELIGIBILITY

All persons over the age of 18 are eligible for all Adult School classes with no residency restrictions.

PRE-REGISTRATION

Please register early since classes that do not have sufficient enrollment are canceled.

REFUND POLICY

Refund of fees will only be given if requested at least 72 hours before the first class meeting. There is a \$15 fee for cancellations. A complete refund will always be made if we cancel a class. Please choose your classes carefully.

- We are sorry we cannot accept medical, business travel or other reasons.
- Refunds will be given automatically if the Adult School cancels a class.
- Deposits and tuition for parent education classes are entirely non-refundable.
- Textbooks are not returnable.

A CERTIFICATE OF COMPLETION

To receive a certificate of hours attended, please submit a request on our website: paadultschool.org.

SCHOLARSHIPS

If you need scholarship assistance, please apply on our website paadultschool.org. All information given will remain confidential.

TOBACCO-FREE SCHOOL DISTRICT PROPERTY

Smoking and the use of tobacco products by all persons is prohibited on Palo Alto Unified School District property and at district-sponsored events.

SEXUAL HARASSMENT POLICY

It is the policy of the Palo Alto Unified School District to provide a school environment free from all forms of harassment, including sexual harassment, and to maintain an environment in which all students and staff model this behavior and are treated with dignity and respect. Please see the district website for complete information: <https://www.pausd.org/about-us/policies-procedures/title-ix-office>.

UNIFORM COMPLAINT PROCEDURES

The Palo Alto Unified School District maintains a uniform complaint procedure. Please visit the district website for complete information at <https://www.pausd.org/about-us/policies-procedures/formal-complaint-procedures>.

*Palo Alto Adult School classes are open to all—residents & non-residents.
We look forward to seeing you in class!*

CONSORTIUM PARTNERSHIP

North Santa Clara County Student Transition Consortium

The Palo Alto Adult School is a member of the North Santa Clara County Student Transition Consortium (NSCCSTC), a collaboration between the Foothill-De Anza College District (FHDA), Palo Alto Unified School District Adult School (PAUSD), Fremont Union High School District Adult School (FUHSD), and the Mountain View Los Altos Union High School District Adult School (MVLA). The consortium serves the communities of Cupertino, Los Altos, Los Altos Hills, Mountain View, Palo Alto, and Sunnyvale, as well as portions of San Jose. Its mission is to coordinate and align programs, create linkages, and develop regional plans to better serve the educational needs of adults in the region.

Meet the members of our consortium:

- Palo Alto Adult School: paadultschool.org
- Mountain View Los Altos Adult School: mvla.net
- FUHSD Adult School Sunnyvale-Cupertino: fuhsdadultschool.com
- De Anza College: deanza.edu
- Foothill College: foothill.edu

Find out more about NSCCSTC at sites.google.com/site/nscstcaebg.



MVLA
ADULT SCHOOL
Learning for a Lifetime

FUHSD Adult School
One School Educating All



CONTACT INFORMATION

2024 PAUSD BOARD OF EDUCATION

Jesse Ladomirak
President
(415) 748-1684
jladamirak@pausd.org

Shana Segal
Vice President
(650) 329-3700
ssegal@pausd.org

Shounak Dharap
Board Member
(650) 575-6485
sdharap@pausd.org

Todd Collins
Board Member
(650) 695-1330
tcollins@pausd.org

Jennifer DiBrienza
Board Member
(917) 501-0930
jdibrienza@pausd.org

DISTRICT ADMINISTRATION

Don Austin
Superintendent
(650) 329-3983
daustin@pausd.org

Jim Sherman
Principal, Adult School
(650) 329-3752
jsherman@pausd.org

Lynn Tanner
ESL Program Manager
(650) 494-2326
ltanner@pausd.org

Guillermo Lopez
Associate Superintendent
(650) 329-3717
glopez@pausd.org

Nikole Manou
Principal,
PreSchool Family
(650) 856-0833
nmanou@pausd.org

COMMUNITY PARTNER

Our Community Partner this quarter is

THE PALO ALTO CHAMBER FOUNDATION



The Palo Alto Chamber Foundation
Education | Leadership | Community

The Palo Alto Chamber Foundation is a 501(c)(3) foundation created to develop, implement and support the Chamber of Commerce's educational and charitable programs focusing on education, leadership, and community civic engagement.

WEBSITE // www.paloaltochamber.com/foundation/

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WAYS TO REGISTER

PHONE	(650) 329-3752
EMAIL	adultschool@pausd.org
WEBSITE	PAAAdultSchool.org
MAIL/WALK-IN	Palo Alto Adult School, 50 Embarcadero Road, Palo Alto, CA 94301

RECEIPTS/CONFIRMATIONS

Please call if you need a receipt or a confirmation:
(650) 329-3752. You will be notified if a class is cancelled.

REFUNDS

Refunds are given up to 72 hours before the first class meeting. There is a \$15 fee for cancellation. A complete refund will always be made if we cancel a class. Textbooks are not returnable.

NEED HELP? CALL (650) 329-3752

REGISTER EARLY

Register today to secure your place in our most popular classes. If minimum enrollments are not met, classes will be cancelled and a full refund will be processed.

OFFICE HOURS

PALO ALTO: Mon-Thurs 8 a.m.-9:30 p.m.; Fri 8 a.m.-4 p.m.

CUPERTINO: Mon-Thurs 8:30 a.m.-4 p.m.;

Fri 8:30 a.m.-2 p.m.

HOLIDAYS: Sep 2, Nov 11, & Nov 25-29

FALL REGISTRATION BEGINS AUGUST 9, 2024

This schedule is valid through December 13, 2024. Additional information, materials lists and schedule changes are posted on our website at PAAAdultSchool.org.



REGISTRATION FORM

PALO ALTO ADULT SCHOOL
Palo Alto Unified School District
50 Embarcadero Road
Palo Alto, CA 94301

Year: 2024

Quarter: ☐ Winter ☐ Spring

☐ Summer ☐ Fall

Registration Date: _____

Name: _____
(Last) (First) (Middle)

Address: _____
(Street Number) (Street Name) (Apt.) (City) (State) (Zip Code)

Home Phone: _____ Work Phone: _____

Cell Phone: _____ Email Address: _____

Start Date: _____ ☐ New Student ☐ Returning Student Date of Birth: _____ ☐ M ☐ F

Class Name	M	T	W	Th	F	S	Instructor	Time	Location	Fee

Type of Payment: ☐ Check ☐ Cash ☐ Visa ☐ MasterCard ☐ No Fee

Credit Card Number: _____ Expiration Date: _____

How did you find out about this class? _____

You can register online at PAAAdultSchool.org.

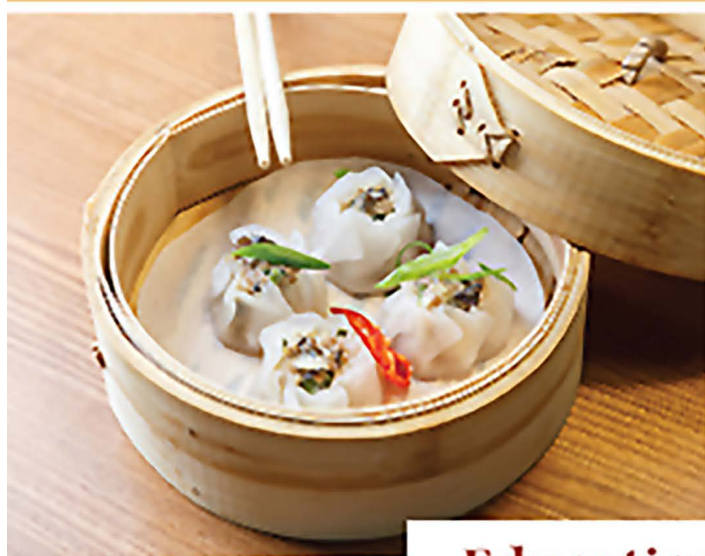


PALO ALTO ADULT SCHOOL
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SCAN TO
REGISTER ONLINE

ALL RESIDENTS AND NON-RESIDENTS WELCOME!



Education is for life

